

Equal I I se

When we see  to  in our differences, it means:

I value myself and I value you.

I feel equal to you.

I respect our differences even when we disagree.

We both count.

Display this card to navigate your conversations



withdrawing

self-doubting

passive

hesitating

avoiding



to



enabling

empowering

trusting

valuing

respecting



self-righteous

judgemental

disrespectful

criticising

controlling