



The Next Level

A four-day, online programme of self awareness and attitudinal development, including a 360 degree feedback process, plus 1:1 coaching session with the facilitator.

Overview

Day 1 : Self as coach

When people expect you to be a certain way, you may find yourself thinking 'That's just not me.' So, what is you? Who are you? Self awareness as a leader and as a coach is imperative because you are at your strongest when you can be who you want to be instead of trying to be what others want you to be.

- Programme overview
- Group forming – expectations and contract
- Individual presentations – This is me, this is not me.
- Coaching practice in triads
- Explanation of the process for 360 feedback using the SRQ development tool – Successful Relationships Questionnaire <http://www.theleadershipprivilege.com/assessment/>

Day 2 : 360 Feedback

- 90 minute whole group session to understand what the report means, how it is constructed and how it reveals your potential.
- 1:1 coaching session with the facilitator to explore your feedback and development goals. (The dates and times will vary to match your availability.)

Day 3 : What's driving you?

Everyone has conditions of worth that underpin their beliefs – *I'm only OK if I work hard, please others, get things right.*

- What conditions do you put on yourself as you strive to feel good enough?
- What does defensiveness reveal? How defensive are you?
- Coaching practice in triads

Day 4 : What's the right attitude?

What attitudes are reflected and demonstrated across your school culture? How do you recruit for attitude? How do you cultivate the right attitude for your school community and for these times?

- The challenges of diversity and accepting 'I'm OK. You're OK.'
- Coaching practice in triads
- Individual presentations of your personal growth – This is who I am now.

Dates

9.30 am – 4.30 pm

Dates to be confirmed for 2022 – 23.

Venue

I facilitate the programme virtually on Zoom.

Total Cost

£635 plus VAT

On completing the programme you will receive a Brilliant Coaching certificate of attendance from [People Intelligence](https://www.peopleintelligence.com)

For further information or to confirm your place, please contact me directly maureen@peopleintelligence.com